



# Brookland Infant and Nursery School

## NEWS

[www.brooklandinfants.herts.sch.uk](http://www.brooklandinfants.herts.sch.uk)

AUTUMN 6  
Nov 2023

Enjoyment of learning, achievement for all

### Children In Need – tomorrow



Tomorrow we will be supporting [Children In Need](#) with a **spotty themed non-uniform day** - suggested donation from £2 - we would prefer donations via school gateway but will accept cash as well.

<https://login.schoolgateway.com/O/auth/login>

### Admissions

The Primary Admissions system opened on 1<sup>st</sup> November and closes on 15<sup>th</sup> January 2024. Please apply online via the link below:

<https://www.hertfordshire.gov.uk/services/schools-and-education/school-admissions/primary-junior-and-middle-schools/primary-junior-and-middle-school-places.aspx>

Parents of Year 2 children should apply for a place at the Junior School and parents of nursery children should apply for a place in a reception class.

### Road Safety Week 19<sup>th</sup> – 25<sup>th</sup> November



Brake is the Road Safety Charity

<https://www.brake.org.uk/road-safety-week>

The theme of Road Safety Week 2023 is Let's Talk About Speed, bringing together communities and professionals to shout out for everyone's right to make safe and healthy journeys on safe roads.

### Parking

Issues with parking continue to be a massive problem. We ask everybody in our school community to please:

- be considerate of other people
- park in a way that does not obstruct other vehicles
- do not obstruct our neighbours' driveways
- do not park in the disabled parking bay unless you are a Blue Badge holder
- observe the 5mph speed limit while on our site
- pay extra attention around the zebra crossings
- walk your children to school whenever possible
- if you do need to drive your children to school drive and park safely and considerately
- if someone other than you drives your children to school pass these messages on to them



# Road Safety

## Be Bright Be Seen

Now that Autumn is here and the nights are drawing in, The Active and Safer Travel Team at Hertfordshire County Council have asked us to bring the 'Dress Bright and Be Seen' campaign to your attention. As the days are getting shorter, please remember the importance of wearing bright and reflective clothing when out and about, to make yourself and your children more visible to traffic.



## Walk to School

Please walk your children to school whenever possible to help keep our school site safe and pollution-free.

# Just Talk Week – 20<sup>th</sup> - 26<sup>th</sup> November

### Just Talk week 2023

If a young person opened up to you, would you know how to help them?

Just Talk Week 2023 takes place from 20-26 November and aims to help children and young people understand that mental health is just as important as physical health.

Mental health is one of the top five worries for 11- to 19-year-olds in Hertfordshire, according to the Health and Wellbeing survey.

Just Talk Herts encourages conversations about mental health and provides young people and their parents/carers with useful self-help advice, as well as information about the local support services available.

[www.hertfordshire.gov.uk/justtalkweek](http://www.hertfordshire.gov.uk/justtalkweek)



# NHS Hertfordshire and West Essex Healthier Together website

The HWE Healthier together website contains - Healthcare advice and Information for parents & carers

<https://www.hwehealthiertogether.nhs.uk/>

Should my child go to school today?

<https://www.hwehealthiertogether.nhs.uk/parentscarers/child-unwell-ok-go-nurseryschool>



# National Self Care Week

## 13<sup>th</sup> – 19<sup>th</sup> November

This week is National Self Care Week and the theme for 2023 is "Mind & Body". Between 13 & 19 November we're encouraged to choose a particular area in our life to focus on and find ways that we can better look after ourselves and our families. Daily choices might include for example managing long term conditions, looking after our mental wellbeing, work-life balance, increasing activity levels etc. Have a look at the self-care fact sheet to see what improvements you can make.

[https://www.selfcareforum.org/wp-content/uploads/2021/11/2021-Power-SelfCare.pdf?dm\\_i=5ESZ,WL7Z,1M7O27,3SDGY,1](https://www.selfcareforum.org/wp-content/uploads/2021/11/2021-Power-SelfCare.pdf?dm_i=5ESZ,WL7Z,1M7O27,3SDGY,1)

Use this self-care week as an opportunity to join a Hertfordshire Health Walk. [Health Walks](#) are short, local and sociable and everyone is welcome to join for FREE. Our volunteers lead walks all-year round and in all weathers. Health Walks are a great way to get out and enjoy the great outdoors so book your place today.