

**Brookland Infant
And
Nursery School
FOREST SCHOOL
KS1**

PE & Problem Solving

- Experience a range of opportunities to extend their agility, balance & coordination, individually and with others.
- Use co-operation & communication skills to solve physical puzzles & group challenges
- Improve spatial awareness
- Develop fine motor skills by using knots, mark making
- Increased activity through walking, climbing, running, jumping, team games.
- Improve mental health from being outdoors and connecting to nature

Art/D&T/Geography

- Use mud, twigs, flowers, leaves and other natural materials to make pictures and prints.
- Use clay and natural materials to make animals, minibeasts
- Use cameras to take images in different ways
- Use drawing materials to create maps, drawings, pictures
- Build dens

English & Maths

- Topics linked to books
- Development of communication skills & use of vocabulary
- Identify, compare & use shapes, measuring, counting, sorting and creating patterns

Autumn Term - Den building

- Introduction to Forest School & understand rules
- Team building by working in groups using a range of natural & man made materials to create dens and shelters
- Learn to tie a variety of knots
- Learn to use a variety of tools safely, e.g. bow saws

Aims

- ☺ To build self-esteem & confidence
- ☺ To become independent learners
- ☺ To stay safe & establish own boundaries for risk taking
- ☺ To show creativity, innovation, motivation and problem solving
- ☺ To be able to explore at own pace
- ☺ To develop good communication & ability to work as a team
- ☺ To develop love & respect for the outdoors & nature
- ☺ To encourage exploration & curiosity
- ☺ To encourage spatial awareness
- ☺ To have fun

All Year Topics

- Use the resources and equipment in the forest school classroom to aid learning and solve problems
- Identify and learn the names of trees, minibeasts, birds, animals
- Learn to use a variety of tools safely
- Identify the signs of the seasons and observe the effects of the weather
- Learn to look after the environment
- Learn how to work in a team

Health & Wellbeing

- Know the Forest School general rules and specific topic rules e.g. fire, tools
- Learn to assess and manage risk
- Be appropriately dressed to keep safe, dry and warm
- Learn how to care for the environment and 'leave it as you find it'
- Improve mental health from being outdoors and connecting to nature

Science

- Learn about Living Things -Plants, trees, animals & minibeasts in the local environment.
- Notice the seasonal changes that happen around us
- Learn about fire

Summer Term – Fire Lighting

- Understand the basic rules for sighting & lighting a small controlled outdoor fire. Follow safety procedures. Gather, collect & organise suitable fire wood.
- Use a fire steel to light a small fire and feed & sustain for a period of time.
- Demonstrate how to extinguish the fire responsibly and safely

Spring Term – Minibeasts & Trees

- Identify insect and bugs using spotter sheets
- Identify trees by their leaves
- Birds nests – investigate different nests

**Brookland Infant
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FOREST SCHOOL
Reception**

Physical (PD)

Moving & Handling / Health & Self-Care

- Develop gross motor skills
- Improve balance & coordination
- Improve fine motor skills through use of basic tools such as saws & knives
- Learn to negotiate space safely & successfully
- Learn how to take risks safely

Communication & Language (CL)

Listening & attention / Understanding / Speaking

- Listen attentively to instructions & rules and respond appropriately
- Share stories & ideas with others

Personal Social and Emotional (PSED)

Making Relationships / Self-Confidence & Self-Awareness / Managing feelings & behaviour

- Share interests & opinions with others in a group and make relationships
- Become aware of boundaries and behavioural expectations while in the forest area
- Develop self-confidence, self-awareness and self-esteem while trying new activities

Expressive Arts & Design (EAD)

Exploring & using media & materials/Being imaginative

- Use of natural materials leads to imaginative play

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All Year

- Explore Forest School
- Team work, sharing, friendship
- Caring for the environment
- Observing changes in seasons & weather
- Identifying similarities, differences, shapes & patterns in the natural world

Autumn Term

- Learn and understand Forest School rules
- Homes, shelters, habitats
- Recognise simple tools, what they are used for and how to use them safely

Literacy (L)

Reading / Writing

- Topics linked to books and stories shared
- Learn and use vocabulary linked to nature and the outside environment

Mathematics (M)

Numbers / Shape, space and measures

- Explore nature's solutions to problems
- Study colour, shape, size, distance and make comparisons
- Use natural materials to create patterns and build objects

Understanding of the World (UW)

People & communities / The world / Technology

- Develop curiosity and understanding of own likes and dislikes
- Recognise similarities, differences, patterns and change
- Learn about living things & local environment
- Learn about animal homes & how to construct dens

Summer Term

- Use clay to make objects
- Learn & understand FS fire rules & safety
- What materials make a good fire & creating simple fires & safely putting them out

Spring Term

- Investigate where bugs might live & identify minibeasts that they find